

Being a Blessing to the Elderly

The Sunshine Girls go Visiting



Communication Guidelines

- Prepare your heart to communicate effectively and ask the Lord for kind words, words of encouragement and blessing.
- Lean down and stoop at their level so they won't have to strain to see you.
- Be prepared to share a personal testimony and a Scripture for their encouragement as applied to their situation.
- Be sure you go in good health so as not to put them at risk.
- Have respect for their personal property and privacy.
- Listen attentively to their stories and needs with God's patience.
- Help focus their attention on the Lord.
- Ask questions about their childhood memories.
- Maintain eye contact and give them your sincere attention.
- Learn their name and use it in the conversation and note details of the conversation for future conversations/
- Developing a listening ear to assess needs/
- Ask questions about their family and seek opportunities to assess future possibilities/
- Always use a courteous greeting and farewell such as "Good morning, Mrs....How are you this afternoon...It is so nice to see you today....I hope you have a nice evening....I look forward to seeing you next week."
- Introduce yourself respectfully and cheerfully.
- Show affection, seek to be a balm for loneliness.
- Sacrificially minister.
- Seek group opportunities (e.g., story time, Bible study, singspiration, hymn history, teaching painting, teaching music, etc.)
- Role play effective communication with others as preparation.
- Always be prepared to turn the conversation to a spiritual topic.
- Remember, share the Word of God as it leaves with them permanent encouragement.

Prayer for Vision

Help me, Lord, to minister to long term, to develop a personal relationship and share specific projects such as reading books to them, helping with correspondence, taking these dear elderly people out with my family, or adopting a grandparent. Help me see this as an investment and seek to show attentiveness and be a blessing. Help me see this as a service, as a way of life, and a privilege. Help me see the eternal investment of investing in people.