

### **~The Beauty of a Woman~**

*The beauty of a woman is not in the clothes she wears,  
The figure she carries, or the way she combs her hair.  
The beauty of a woman must be seen from her eyes,  
Because that is the doorway to her heart,  
The place where love resides.  
The beauty of a woman is not in a facial mole,  
But true beauty in a woman is reflected in her soul.  
It is the caring that she lovingly gives,  
The passion that she shows.  
The beauty of a woman  
With passing years—only grows.*

### **Beauty Tips for the Inner You**

*For attractive lips, speak words of kindness.  
For beautiful eyes, seek out the good in other people.  
To lose weight, let go of stress and the need to control others.  
To improve your ears, listen to the Word of God.  
Touch someone with your love.  
Rather than focus on the thorns of life, smell the roses and count your blessings.  
For poise, walk with knowledge and self-esteem.  
To strengthen your arms, hug at least 3 people a day.  
To strengthen your heart, forgive yourself and others.  
Don't worry and hurry so much.  
Rather, walk this earth lightly and yet leave your mark.*

### **The Images of Mother**

*At 4—My Mommy can do anything!  
At 8—My Mom knows a lot! A whole lot!  
At 12—My Mother doesn't really know quite everything.  
At 14—Naturally, Mother doesn't know that, either.  
At 16—Mother? She's hopelessly old - fashioned.  
At 18—That old woman? She's way out of date!  
At 25—Well, she might know a little bit about it.  
At 35—Before we decide, let's get Mom's opinion.  
At 45—Wonder what Mom would have thought about it?  
At 65—Wish I could talk it over with Mom.*

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